

TABLE OF CONTENT

Title	Author/s	Pages
EDITORIAL		
Novel Insights into Preclinical Oncology: Can Blood-Based Genomics Predict Cancer Years in Advance ?	Ayisha Yousaf, Fatima Ali	1-3
SCIENTIFIC COMMUNICATION		
Region-Specific Alterations in Brain UPE in Alzheimer's Disease	Hamayun Saqib	4-6
ORIGINAL ARTICLE		
Assessment of Laboratory Knowledge, Practical Competency, and Learning Outcomes Among Undergraduate Medical Students	Tanzeel Qadri, Saba Ikram, Mohsin Khalil	7-12
Assessment of Cognitive Function Using the Mini-Mental State Examination Among Community-Dwelling Older Adults: A Cross-Sectional Study	Komal Zara, Adeela Shafique, Nimra Kashif	13-18
Knowledge of Medication Management and Therapeutic Care Practices Among Nurses Caring for Older Adults: A Cross-Sectional Study	Naila Anjum, Sadia Mukarram, Nimra Rehman	19-23
SYSTEMATIC REVIEW WITH META-ANALYSIS		
Cytokine-Mediated Intestinal and Systemic Immune Dysregulation in Inflammatory Bowel Disease, Celiac Disease, and Autoimmune Hepatitis: A Systematic Review and Meta-Analysis of Biomolecular Mechanisms and Therapies	Aliya Ahmed, Shareefa Bint-e Umar, Khadeejah Qadir, Zehra S. Sharif	24-36
Prevalence and Concentration of Microplastics in Human Biological Matrices: A Systematic Review and Meta-Analysis	Aliya Ahmed, Shareefa Bint-e Umar, Khadeejah Qadir, Zehra S. Sharif	37-48
SYSTEMATIC REVIEW		
Mitochondrial DNA Mutations and Oxidative Phosphorylation Reprogramming in Colorectal Cancer and Breast Cancer: Systematic Review of Distinct Mitochondrial Mechanisms in Tumor Progressions	Naveera Mazhar, Maha Aslam khan, Arslan Majeed, Kainat Zafar	49-55

Volume 01 Issue 02 June 2026